

Fish Consumption Advisory

The Michigan Department of Community Health (MDCH) advises women of childbearing age and children under 15 to use caution when eating certain kinds and sizes of fish from the Great Lakes and from some inland lakes and streams. Fish in these waters contain levels of toxic chemicals that may be harmful if those fish are eaten too often. The Michigan Fish Advisory, compiled by MDCH, shows you which fish are okay to eat and how often they can be eaten. The advisory is available online at **www.michigan.gov/mdch** or by contacting MDCH, Lewis Cass Building, 320 South Walnut Street, Lansing, MI 48913; phone (517) 373-3740 or TTY (517) 373-3573.